



Childsmile Sustainability; Progress towards meeting our TRAVEL aims



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Nicola Williams on behalf of
the Childsmile Research Team



Childsmile (CS) staff provided retrospective data on their travel behaviours prior to the Covid-19 pandemic and the switch to more sustainable ways of meeting.

During **April 2023-March 2024**, **29** Childsmile staff **would have** attended **40 meetings (77 members)** of **9 different meeting types** at **8 different locations**. This **would have** created **257 meeting opportunities**. **82%** of these occasions were previously **'in person'** meetings prior to the use of virtual meeting platforms such as Microsoft (MS) Teams.

96% of meetings by car. Distance saved in car travel is **17,680km** = travel from Edinburgh to Sydney.



Remote attendance at meetings has saved **3600Kg** of equivalent carbon emissions. = 7 average sized male polar bears



Car travel emitted the greatest **CO₂e-82%**; plane -10 %;train -7%; taxi, bus & subway-1% collectively.

Travel Aims:
Use of MS Teams as the default option for all national meetings, working groups, training and CPD events. This reduces staff travel requirements.



Total distance (km) **NOT** travelled by all transport is **26,719 Km.** = driving from the 1823 Magnetic North Pole to the South Pole

Advantages of virtual meetings

- More personal & engaging than teleconferencing;
- Saves time & money;
- Requires no travel;
- Brings remote workers together;
- Improves relationships;
- Cuts down on carbon emissions;
- Increased efficiency & productivity.



Recommendations

- Minimum Quorum;
- Meet at usual office base of attendees;
- Location: accessible by public transport;
- Minimise car travel;
- Greater use of pool cars;
- Consider hybrid meetings;
- Meet virtually whenever possible.

