



Childsmile Sustainability: Progress Towards Meeting Our Aims



May 2022- May 2024

Nicola Williams on behalf of
the Childsmile Research Team



Healthier
Scotland
Scottish
Government

NHS
SCOTLAND

Travel

•Pre 2020 **29** staff used
transport to travel to **40**
meetings on 186 occasions

•Post 2020 staff
attended meetings
remotely via
MS Teams

3600
kg/CO₂^e
saving

Equipment & Supplies

•15% reduction in use of all mouth
mirrors. 18% reduction in use of
single use mirrors. 58% planning to
move away from mirror use.

Paper

•Electronic resources
has reduced paper use by
2.9 tonnes

Paper
2601
kg/CO₂^e
saving

Travel

Move to online training
Reduced footfall &
movements within
establishments
Deliver NDIP & Fluoride
in collaboration

Equipment & Supplies

Use dosing stickers -
Move away from
single use mirrors-
Reduce plastic use
Use electronic
resources-reduce
paper use
Reduce PPE

Childsmile: Sustainable Healthcare

Energy

Move to all Electric
fleet -Health boards
at various stages.

Waste

Various stages of Recycle
& Smile introduction
Some boards have local
recycling processes
Recycling is new to some
areas whilst it has been
in place for many years in
a few boards.

Energy

- 21% increase in number of electric vehicles used by boards.
- 69% of boards planning to further reduce their use of fossil fuelled vehicles by March 2025

Waste

- 100% of fluoride varnish waste is now collected in orange clinical waste stream (8% increase)
- 10 boards (77%) are participating in the Recycle and Smile Programme.

