

Fluoride varnish consent form

Name of nursery/school

Class (please indicate which)

Nursery

Primary class (P1–P7)

Full name of child

(If child is known by any name other than their first name, please make this clear.)

Address

Postcode:

Date of birth

Daytime tel. no.

It is important that you answer the questions, sign and date this form

Need help completing this form? Scan this QR code or visit childsmile.nhs.scot/contact-us



1. I would like my child to have fluoride varnish applied twice a year. Yes No

2. Does your child have any allergies (especially sticking plaster)? Yes No
If yes, please go to **Question 3**, if no go to **Question 5**.

3. What are they allergic to?

4. Has your child been kept in hospital due to allergies? Yes No

If yes, please provide date when kept in hospital

5. Has your child been kept in hospital due to asthma? Yes No

If yes, please provide date when kept in hospital

I confirm I have parental responsibility for the above child and have read and understood this information.

Signature of parent/
legal guardian

Print name

Date

For office use:

Allergies? Yes No Hospitalised (allergies)? Yes No Hospitalised (asthma)? Yes No

Apply varnish? Yes No

Print name

Signature

Date

Fluoride varnish consent



About Childsmile

Childsmile is a national programme designed to improve the dental health of children in Scotland. For this part of Childsmile, specially trained dental nurses will apply fluoride varnish to your child's teeth twice per year in your child's nursery or school. Fluoride varnish is a pale-yellow gel that provides extra protection against tooth decay.

The consent section of this form must be completed by the parent or carer for your child to receive fluoride varnish. After that we will contact you twice per year to update your child's medical history and personal details.

If you would like more information on fluoride varnish, scan the QR code to visit childsmile.nhs.scot



Need help finding a dentist?

Scan the QR code or visit nhsinform.scot/scotlands-service-directory/dental-services



After your child has varnish applied

- Your child should not be given fluoride drops or tablets for two days after the fluoride varnish application. After that, continue as directed.
- Your child should eat soft foods for the rest of the day, which will help the fluoride varnish to stay on the teeth for longer.
- Fluoride varnish applied in school or nursery is in addition to applications when you visit your local dental practice.

This form is available online at childsmile.nhs.scot

For more information, including other formats and translation support:



Translations



Easy read



BSL



Audio



Large print



Braille

@ p hs.otherformats@p hs.scot

0131 314 5300

Public Health Scotland is Scotland's national agency for improving and protecting the health and wellbeing of Scotland's people.

OGL

This publication is licensed for re-use under the Open Government Licence v3.0. For more information, visit www.publichealthscotland.scot/ogl

